VISIT FILE PDF

Blancheflour Petit

Visit Introduction

Just Be Cool, Jenna Sakai

Fans of Lisa Greenwald and Wendy Mass are sure to fall head-over-heels for this funny, sweet story of crushes, competition, and the confusing reality of middle school. \"Heartbreak is for suckers.\" -- Jenna Sakai When Jenna gets dumped over winter break, it confirms what she learned from her parents' messy divorce: Relationships are risky and only lead to disappointment. So even though she still has to see her ex-boyfriend Elliott at newspaper club, Jenna is going to be totally heartless this semester -- no boys, just books. But keeping her cool isn't always easy. Jenna's chief competition for a big journalism scholarship is none other than Elliott. Her best friend Keiko always seems busy with her own boyfriend. And cute-but-incredibly-annoying Rin Watanabe keeps stealing her booth at the diner she's been hiding at every day after school. Rin is every bit as stubborn and detached as Jenna. And the more Jenna gets to know him, the more intriguing a mystery he seems. Soon Jenna is starting to realize that being a loner is kind of, well, lonely. And letting people in might just be a risk worth taking.

David's Visit

David's visit is about a boy, his father, and their experience with supervised visitation.

Baby Medical School: My Doctor's Visit

The bestselling Baby University book series that brought you ABCs of Space, Rocket Science for Babies, and Quantum Physics for Babies is expanding! Empower children with this educational doctor book for kids so they can visit the doctor with courage and curiosity! Every year, you go to the doctor's office to make sure your body is working like it should. A nurse and doctor will check almost every part of you. They want to make sure you stay happy and healthy. Written by leading medical experts, Cara and Jon Florance, this doctor's visit book will take the fear out of going to the doctor by breaking down what and why a doctor does what he or she does. My Doctor's Visit is the perfect book for nurses to read and makes a wonderful addition to other special gifts for your little one, such as toy stethoscopes for kids, doctor kits for toddlers, and thermometers for babies. Give the gift of learning to your little one with this baby and toddler doctor book and help them feel confident about their next doctor's visit!

The Little Cousins Visit (Revised Classics)

The little cousins come to visit Nick and Matt.

Risk Assessing and Planning for Safe and Successful Educational Trips and Visits

Mexico, through the eyes of Sybille Bedford is a country of passion and paradox: arid desert and shrieking jungle, harsh sun and deep shadow, violence and sentimentality. In her frank descriptions of the horrors of travel - through bug-infested jungle, trapped in a broiling stationary train, or in a bus with a dead fish slapping against her face - she gains our trust. But it is the charmed world of Don Otavio which steals our

imagination. He is, she says, \"one of the kindest men I ever met\". She stays in his crumbling ancestral mansion, living a life of provincial ease and observing with glee the intense life of a Mexican neighbourhood.

A Visit to Don Otavio

NATIONAL BESTSELLER • NATIONAL BOOK CRITICS CIRCLE WINNER • With music pulsing on every page, this startling, exhilarating novel of self-destruction and redemption "features characters about whom you come to care deeply as you watch them doing things they shouldn't, acting gloriously, infuriatingly human" (The Chicago Tribune). One of the New York Times's 100 Best Books of the 21st Century • One of The Atlantic's Great American Novels of the Past 100 Years Bennie is an aging former punk rocker and record executive. Sasha is the passionate, troubled young woman he employs. Here Jennifer Egan brilliantly reveals their pasts, along with the inner lives of a host of other characters whose paths intersect with theirs. "Pitch perfect.... Darkly, rippingly funny.... Egan possesses a satirist's eye and a romance novelist's heart." —The New York Times Book Review

A Visit from the Goon Squad

The first in a new chapter book series from New York Times bestselling author Jonathan Auxier, illustrated in full-color—now in paperback! Auggie is the caretaker at the Fabled Stables, a home for one-of-a-kind creatures. Auggie is one-of-a-kind, too. He's the only boy on the island, which can get a little lonely. Luckily, he's got Fen, his trusty stick-in-the-mud. But, being a stick-in-the-mud, Fen can get more-than-a-little grumpy. Soon enough, Auggie learns that his job is not only to care for creatures at the Stables, but also to save creatures in the Wide World from danger. In this first adventure, Willa the Wisp is being chased by the Rooks, an evil group of hunters keen on using one-of-a-kind creatures for their own dark ends. It's up to Auggie to help Willa escape the Rooks and find refuge at the Stables, before it's too late!

Willa the Wisp (The Fabled Stables Book #1)

The Personalization of the Museum Visit examines a fundamental shift in institutional behavior in museums located in the United States and the United Kingdom. Contending that art museums have moved toward a new paradigm of public engagement, it posits that modern museum visitors are treated as self-directed \"clients\

The Personalization of the Museum Visit

The US healthcare system faces numerous difficulties: uncontrolled increases in costs; major access problems; doctor shortages; closing practices; inefficiencies; decreasing revenues; shrinking bottom lines; large numbers of uninsured and underinsured patients; and the upcoming increased demands in service posed by the Affordable Care Act. As a result, many physicians and health care organications are turning to group visits to address these problems. While Dr. Noffsinger's textbook Running Group Visits In Your Practice is the cornerstone reference on designing, implementing and running shared medical appointments (SMAs) in one's practice, it lacks the simplicity and practicality that clinicians are looking for to start their own SMA programs. The ABCs of Group Visits is a practical, streamlined and step-by-step guide focused on the implementation aspects of group visits.Healthcare professionals at every level are looking for alternate ways to deliver high quality care at lower cost, and it is clear to many that group visits provide a care delivery model that will address many of today's critical challenges. The ABCs of Group Visits quickly provides a solution for your busy practice.

The ABCs of Group Visits

ETAPS2000 was the third instance of the EuropeanJoint Conferenceson Theory and Practice of Software.

ETAPS is an annual federated conference that was established in 1998 by combining a number of existing and new conferences. This year it comprised ?ve conferences (FOSSACS, FASE, ESOP, CC, TACAS), ?ve satellite workshops (CBS, CMCS, CoFI, GRATRA, INT), seven invited lectures, a panel discussion, and ten tutorials. The events that comprise ETAPS address various aspects of the system - velopment process, including speci?cation, design, implementation, analysis, and improvement. The languages, methodologies, and tools which support these - tivities are all well within its scope. Di?erent blends of theory and practice are represented, with an inclination towards theory with a practical motivation on one hand and soundly-based practice on the other. Many of the issues involved in software design apply to systems in general, including hardware systems, and the emphasis on software is not intended to be exclusive.

Injury-related Visits to Hospital Emergency Departments

This Revised Reprint of our 8th edition, the \"gold standard\" in community health nursing, Public Health Nursing: Population-Centered Health Care in the Community, has been updated with a new Quality and Safety Education in Nursing (QSEN) appendix that features examples of incorporating knowledge, skills, and attitudes to improve quality and safety in community/public health nursing practice. As with the previous version, this text provides comprehensive and up-to-date content to keep you at the forefront of the everchanging community health climate and prepare you for an effective nursing career. In addition to concepts and interventions for individuals, families, and communities, this text also incorporates real-life applications of the public nurse's role, Healthy People 2020 initiatives, new chapters on forensics and genomics, plus timely coverage of disaster management and important client populations such as pregnant teens, the homeless, immigrants, and more. Evidence-Based Practice boxes illustrate how the latest research findings apply to public/community health nursing. Separate chapters on disease outbreak investigation and disaster management describe the nurse's role in surveilling public health and managing these types of threats to public health.Separate unit on the public/community health nurse's role describes the different functions of the public/community health nurse within the community.Levels of Prevention boxes show how community/public health nurses deliver health care interventions at the primary, secondary, and tertiary levels of prevention. What Do You Think?, Did You Know?, and How To? boxes use practical examples and critical thinking exercises to illustrate chapter content. The Cutting Edge highlights significant issues and new approaches to community-oriented nursing practice. Practice Application provides case studies with critical thinking questions. Separate chapters on community health initiatives thoroughly describe different approaches to promoting health among populations. Appendixes offer additional resources and key information, such as screening and assessment tools and clinical practice guidelines. NEW! Quality and Safety Education in Nursing (QSEN) appendix features examples of incorporating knowledge, skills, and attitudes to improve quality and safety in community/public health nursing practice.NEW! Linking Content to Practice boxes provide real-life applications for chapter content.NEW! Healthy People 2020 feature boxes highlight the goals and objectives for promoting health and wellness over the next decade.NEW! Forensic Nursing in the Community chapter focuses on the unique role of forensic nurses in public health and safety, interpersonal violence, mass violence, and disasters. NEW! Genomics in Public Health Nursing chapter includes a history of genetics and genomics and their impact on public/community health nursing care.

Compiler Construction

Manhattan Prep's LSAT Logic Games guide, fully updated for the digital exam, is an essential tool for the LSAT section that everyone loves to hate. Manhattan Prep's LSAT guides use officially-released LSAT questions and are written by the company's instructors, who have all scored a 172 or higher on the official LSAT—we know how to earn a great score and we know how to teach you to do the same. This guide will train you to approach LSAT logic games as a 99th-percentile test-taker does: Recognize every type of game Make valid inferences Diagram quickly and accurately Predict correct answers and spot trap answers Take advantage of the digital format to work quickly and strategically You will have access to many practice problems and extensive solutions: Timed drill sets made up of real LSAT questions to help you absorb and apply what you've learned In-depth solutions, including hand-drawn diagrams and step-by-step analysis

Public Health Nursing - Revised Reprint

As a straight-A student with a budding romance and loyal best friend, M.T.'s life seems as apple-pie American as her blondish hair and pale skin. But M.T. hides two facts to the contrary: her full name of Monserrat Thalia and her status as an undocumented immigrant. With senior year of high school kicking into full swing, M.T. sees her hopes for a \"normal\" future unraveling. And it will take discovering a sense of trust in herself and others for M.T. to stake a claim in the life that she wants. Author Maria E. Andreu draws from her personal experience to tell a story that is timely, relevant, and universally poignant.

LSAT Logic Games

Celebrating the inventor of the Crayola crayon This gloriously illustrated picture book biography tells the inspiring story of Edwin Binney, the inventor of one of the world's most beloved toys. A perfect fit among favorites like The Day the Crayons Quit and Balloons Over Broadway. purple mountains' majesty, mauvelous, jungle green, razzmatazz... What child doesn't love to hold a crayon in their hands? But children didn't always have such magical boxes of crayons. Before Edwin Binney set out to change things, children couldn't really even draw in color. Here's the true story of an inventor who so loved nature's vibrant colors that he found a way to bring the outside world to children - in a bright green box for only a nickel With experimentation, and a special knack for listening, Edwin Binney and his dynamic team at Crayola created one of the world's most enduring, best-loved childhood toys - empowering children to dream in COLOR

The Secret Side of Empty

This board book highlights the many ways one can tour Israel – by jeep, cable car, bus, camel, and foot. This simple book, with bright illustrations, is a perfect introduction to Israel for very young children.

Vital and Health Statistics

Understand the basic practical aspects of pastoral care—and make your visit to the sick meaningful for both of you! Training Guide for Visiting the Sick: More Than a Social Call is a useful handbook from a Christian perspective that provides the common sense and not-so-common answers to your questions on how best to minister to the sick. Drawing on his three decades of experience as a bedside hospital chaplain, the author explains appropriate and inappropriate behaviors and suggests things to say (or not to say) to truly make your next visit fruitful for you and the patient. More than simply an educational tool, this guidebook provides clergy and Christian laypeople with spiritual explanations and straightforward strategies to not only comfort the patient but also foster the sense of joy and accomplishment in oneself. Training Guide for Visiting the Sick: More Than a Social Call teaches you to glean a positive experience from a difficult task, the visit to the sick. The author shares his insights learned in his lengthy and distinguished career in this instructional guidebook. Honest and compassionate in its portrayal of the sick and dying, the book prepares the reader spiritually, emotionally, and even physically for the challenge of the visit while focusing on the distress and the needs of the patient. At times stating practical common sense, other times shining an insightful light on the less physical aspects of the visit, this educational handbook is invaluable for all who minister, or wish to minister, to the sick. Training Guide for Visiting the Sick: More Than a Social Call discusses: Jesus' Eleventh Commandment-To Love One Another how to prepare yourself spiritually and emotionally for the visit the hospital patient's world explanations of patients' possible emotional, financial, family, and spiritual distress do's and don'ts to note before and during a visit to the patient's room the special needs of shut-ins ministering to the dying ministering to difficult patients ministering to Alzheimer's or comatose patients Training Guide for Visiting the Sick: More Than a Social Call is a practical educational guide for pastors, supervisors in clinical pastoral education programs, CPE students, college and seminary students in courses in ministry to the sick, police and fire department chaplains, and family and friends of hospitalized, nursing home, and assisted living patients/residents.

Visits to Remarkable Places

Conjugal Visit is the story of Desiree Hardy, an ordinary housewife of two kids that is at a crossroads in her marriage to her husband of twenty years, Desmond Hardy. She's about to embark on a journey of sexual evolution that will awaken passions that she never knew existed. The target audience for this book is most likely to be individuals, married or dating, who enjoy the works of authors such as Zane and ReShonda Tate Billingsley. I am a Houston-based first-time writer of fiction. Although I have been writing songs, poetry, and short stories since I was fourteen, I've never had the guts to get published until now. After twenty years in a demanding job, I decided to step out on fate and do what I love--writing! Thank you for considering my work. I look forward to hearing from you.

The National Home and Hospice Care Survey, ... Summary

Tells how to plan a museum visit, gives advice on appreciating paintings, sculptures, and museum buildings themselves, and discusses special shows, permanent collections, and different types of museums.

Public Health Reports

From the New York Times bestselling author of The Night Gardener, Peter Nimble and His Fantastic Eyes is the utterly beguiling tale of a ten-year-old blind orphan who has been schooled in a life of thievery. One fateful afternoon, he steals a box from a mysterious traveling haberdasher—a box that contains three pairs of magical eyes. When he tries the first pair, he is instantly transported to a hidden island where he is presented with a special quest: to travel to the dangerous Vanished Kingdom and rescue a people in need. Along with his loyal sidekick—a knight who has been turned into an unfortunate combination of horse and cat—and the magic eyes, he embarks on an unforgettable, swashbuckling adventure to discover his true destiny. Be sure to read the companion book, Sophie Quire and the Last Storyguard. Praise for Peter Nimble and His Fantastic Eyes "Auxier has a juggler's dexterity with prose that makes this fantastical tale quicken the senses." –Kirkus Reviews

The Crayon Man

Because equity and instruction are inextricably bound Why are equity visits such a critical first step to increasing opportunity and access for our under-served students? Because they take instructional rounds to a new level, providing a powerful lens for investigating the intersections of equity and instruction. After all, how can we possibly deliver equitable learning experiences, opportunities, and outcomes for our students, without first pinpointing problems of practice? That's where Equity Visits will prove absolutely indispensable to district and school administrators. It details how to combine a strong focus on instruction with explicit, intentional efforts to address systemic inequities. Inside you'll find A range of data collection activities and tools to target central issues of equity in your school Clear guidelines on how to investigate the ways instructional practices, structures, and beliefs lead to inequitable educational experiences-and how these are often masked in the day-to-day life of schools and districts A frank discussion of how to make race and racism an explicit part of investigating and addressing educational inequities Voices of school and district leaders who have taken crucial first steps to become \"equity warriors\" Recommendations on how to develop policies, initiatives, and practices to confront those inequities Few dispute that instructional improvement must be a central focus of educational leadership, but for too long achieving educational equity has been absent from the conversation. Here is your opportunity to ensure equity occupy a central spot in data collection and analysis, and be explicitly discussed at all levels of your school or district organization. In short, essential reading and doing for all administrators!

A Visit to the Hospital

Designing Museum Experiences is a "how-to" book for creating visitor-centered museums that emotionally and intellectually connect with museum visitors, stakeholders, and donors. Museums are changing from static, monolithic, and encyclopedic institutions to institutions that are visitor-centric, with shared authority that allows museum and visitors to become co-creators in content creation. Museum content is also changing, from static content to dynamic, evolving content that is multi-cultural and transparent regarding the evolution of facts and histories, allowing multi-person interpretations of events. Designing Museum Experiences leads readers through the methods and tools of the three stages of a museum visit (Pre-visit, In-Person Visit, and Post-visit), with a goal of motivating visitors to return and revisit the museum in the future. This museum visitation loop creates meaningful intellectual, emotional, and experiential value for the visitor. Using the business-world-proven methodologies of user centered design, Museum Visitor Experience leads the reader through the process of creating value for the visitor. Providing consistent messaging at all touchpoints (website, social media, museum staff visitor services, museum signage, etc.) creates a trusted bond between visitor and museum. The tools used to increase understanding of and encourage empathy for the museum visitor, and understand visitor motivations include: Empathy Mapping, Personas, Audience segmentation, Visitor Journey Mapping, Service Design Blueprints, System Mapping, Content Mapping, Museum Context Mapping, Stakeholder Mapping, and the Visitor Value Proposition. In the end, the reason for using the tools is to empower visitors and meet their emotional and intellectual needs, with the goal of creating a lifelong bond between museum and visitor. This is especially important as museums face a new post COVID-19 reality; only the most nimble, visitor-centered museums are likely to survive. The companion website to Designing Museum Experiences features: Links to additional visitor-centered museum information Downloadable sample documents and templates Bibliography of sources for further reading Online glossary of museum visitor experience terms Daily checklists of "how-to" provide and receive visitor-centered experiences More than 50 associated Designing Museum Experiences documents

Let's Visit Israel

A young girl and her grandmother visit the girl's father in prison.

General Technical Report PNW-GTR

Unlock the essentials of SAS programming! Fundamentals of Programming in SAS: A Case Studies Approach gives a complete introduction to SAS programming. Perfect for students, novice SAS users, and programmers studying for their Base SAS certification, this book covers all the basics, including: working with data creating visualizations data validation good programming practices Experienced programmers know that real-world scenarios require practical solutions. Designed for use in the classroom and for selfguided learners, this book takes a novel approach to learning SAS programming by following a single case study throughout the text and circling back to previous concepts to reinforce material. Readers will benefit from the variety of exercises, including both multiple choice questions and in-depth case studies. Additional case studies are also provided online for extra practice. This approach mirrors the way good SAS programmers develop their skills—through hands-on work with an eye toward developing the knowledge necessary to tackle more difficult tasks. After reading this book, you will gain the skills and confidence to take on larger challenges with the power of SAS.

Training Guide for Visiting the Sick

Grace says goodbye to Grandmother in this touching book about love and loss. Grandmother lives with Grace's family. She teaches her how to measure water for rice. She tells her stories about growing up in China and together they savor the flavors of her childhood. Grandmother says goodbye when she drops Grace off at school every morning and hello when she picks her up at the end of the day. Suddenly, Grandmother stops walking Grace to and from school, and the door to her room stays closed. Father comes home early to make dinner, but the rice bowls stay full. One day, Grandmother's room is empty. And soon after, she is buried. After the funeral, Grace's mom turns on all the outside lights so that Grandmother's spirit

can find its way home for one final goodbye. Carmen Mok's gentle illustrations show the love between a child and her grandmother in this story that will resonate with anyone who has lost a loved one. Betty Quan's picture-book debut is haunting yet hopeful. Correlates to the Common Core State Standards in English Language Arts: CCSS.ELA-LITERACY.RL.1.6 Identify who is telling the story at various points in a text. CCSS.ELA-LITERACY.RL.2.1 Ask and answer such questions as who, what, where, when, why, and how to demonstrate understanding of key details in a text. CCSS.ELA-LITERACY.RL.2.3 Describe how characters in a story respond to major events and challenges. CCSS.ELA-LITERACY.RL.2.7 Use information gained from the illustrations and words in a print or digital text to demonstrate understanding of its characters, setting, or plot. CCSS.ELA-LITERACY.RL.3.7 CCSS.ELA-LITERACY.RL.5.2 Determine a theme of a story, drama, or poem from details in the text, including how characters in a story or drama respond to challenges or how the speaker in a poem reflects upon a topic; summarize the text.

Conjugal Visit

A heart-warming and delicately-illustrated tale about a gentle and loving family celebration that will make readers think of their own families and look forward to the holiday season or family events.

How to Visit a Museum

NEWBERY HONOR AWARD WINNER • NATIONAL BOOK AWARD FINALIST • ASIAN/PACIFIC AMERICAN AWARD FOR YOUTH LITERATURE Twelve year-old Maizy discovers her family's Chinese restaurant is full of secrets in this irresistible novel that celebrates food, fortune, and family. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY School Library Journal • Booklist • The Horn Book • New York Public Library Welcome to the Golden Palace! Maizy has never been to Last Chance, Minnesota . . . until now. Her mom's plan is just to stay for a couple weeks, until her grandfather gets better. But plans change, and as Maizy spends more time in Last Chance and at the Golden Palace—the restaurant that's been in her family for generations—she makes some discoveries.For instance: You can tell a LOT about someone by the way they order food. People can surprise you. Sometimes in good ways, sometimes in disappointing ways. And the Golden Palace has secrets... But the more Maizy discovers, the more questions she has. Like, why are her mom and her grandmother always fighting? Who are the people in the photographs on the office wall? And when she discovers that a beloved family treasure has gone missing—and someone has left a racist note—Maizy decides it's time to find the answers.

Health Care Financing Review

Through Waste-to-Energy (WtE) technology, plants use waste as a renewable fuel to co-produce electricity, heating, and cooling for urban utilization. This professional book presents the latest developments in WtE technologies and their global applications. The first part of the book covers thermal treatment technologies, including combustion, novel gasification, plasma gasification, and pyrolysis. It then examines 35 real-world WtE case studies from around the world, analyzing technical information behind planning, execution, goals, and national strategies. Results through the years show the benefits of the technology through the life cycle of the products. The book also examines financial and environmental aspects.

Peter Nimble and His Fantastic Eyes

Early Vascular Aging (EVA): New Directions in Cardiovascular Protection brings together the last decade of research related to the characterization of EVA, as well as the predictive power of pulse wave velocity (PWV). The book presents a novel approach to the problem of cardiovascular disease, showing it in relation to great vessels disease and revealing a comprehensive approach to the problem of increased rigidity of the great vessels, its causes, and further consequences. Information provided is accompanied by online access to a supplemental website with video clips of anatomic specimens, cardiac imaging, and surgical procedures. - Introduces the latest information on early vascular aging (EVA), complete with summaries of recent evidence

and guidelines for relevant risk factor control - Ideal reference for the study of vascular aging, pulse wave velocity, arteriosclerosis, EVA, arterial stiffness, vascular, PWV biomarkers, and cardiovascular disease - Contains all the relevant information available from different fields of knowledge (from basic biology to epidemiology) in regard to EVA - Provides evidence that leads to a new target for interventions, early vascular aging (EVA) in subjects with early onset increased arterial stiffness - Includes online access to a supplemental website with video clips of anatomic specimens, cardiac imaging, and surgical procedures

Equity Visits

Meant primarily for students studying international relations, aspirants of civil services, International Relations Today: Concepts And Applications captures the drastic changes in international relations after the disintegration of the Soviet Union and the end of the Cold War in 1991. It also examines the rise of China as a major military and economic power, and the potential of Russia, India and Germany as tomorrow's big powers. It will also be useful for those interested in the discipline.

Designing Museum Experiences

This publication presents the results of an intensive 11-month program for three military research fellows. The Under Secretary of Defense (Acquisition) (USD (A)) chartered the Defense Systems Management College (DSMC) Military Research Fellowship Program in 1987. The program brings together selected officers from the Army, Navy, and Air Force for two primary purposes: first to provide advanced professional and military education for the participating officers; and second, to conduct research that will benefit the Department of Defense (DoD) acquisition community. This report focuses on transatlantic cooperative programs. Cooperation with Europe was chosen because of the important political, military, economic, and historical transatlantic ties, but most important, because America's relationship with Europe is rapidly evolving. There is substantial concern about a \"Fortress America - Fortress Europe\" syndrome. Political leaders and the public both here and in Europe are attempting to come to terms with the meaning of the NATO alliance in the post-Cold War era. European assertiveness and unity are clashing with dated perceptions about Europe held by Americans. Our intended audience is both the U.S. defense acquisition workforce and policy makers. For the former, we hoped to produce a useful guide that will make them more effective as members of a cooperative team. For the latter, we attempted to provide an updated comprehensive view of the salient features of transatlantic armaments cooperation and some ways in which the context is changing.

Visiting Day

Fundamentals of Programming in SAS way of zen way of christ continuum mechanics for engineers solution manual download core curriculum for progressive care nursing elsevier on vitalsource retail access card 1e manual transmission in honda crv computer architecture test agilent 1100 binary pump manual donald cole et al petitioners v harry w klasmeier etc u s supreme court transcript of record with supporting a shade of vampire 12 a shade of doubt methods in bioengineering nanoscale bioengineering and nanomedicine artech house methods in bioengineering series 5 string bass guitar fretboard note chart