

PDF OUR BODIES A CHILDS FIRST LIBRARY OF LEARNING

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Our Bodies A Childs First Library Of Learning Introduction

Our Bodies

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Where Things Come from

Provides answers to questions on a variety of topics, including "How are sneakers made?" "Where do pictures on TV come from?" "Are seashells alive?" "How are toys invented?" and "What are clouds?"

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Flowers and Trees

Presents in question and answer format information about how all kinds of plants live, breath, and reproduce. An activities section is included.

Wind and Weather

Presents information about the weather in an illustrated question and answer format.

Sky and Earth

A Comprehensive, Fully Illustrated Guide to Our Bodies—for Boys and Girls! From a young age, children hear that pink is for girls and blue is for boys. They're told girls play with dolls and boys play with cars. Girls are always giggling and cuddling, while boys should be roughhousing and tough. Boys are messy and smelly and girls are quiet and neat, right? In *My Body is Growing*, Dagmar Geisler works to show preschool and early elementary readers that we're really not all that different, regardless of whether we're boys or girls. Though we may all seem similar on the outside, we are each our own person on the inside. At this age, our bodies and our minds are changing—we're growing up! By getting to know the students of Class 4B, young readers will learn how their own minds and bodies work. They'll learn about friendship, about gender

stereotypes, and about the rights they have, even (and especially) as children. Dagmar also addresses sexual abuse and why it's so important to report it to an adult. Additionally, through stories and antics of the older siblings of Class 4B, readers will be introduced to the topics of puberty, falling in love, having sex, and becoming pregnant. Dagmar Geisler's *My Body is Growing* is the perfect introduction to body awareness and sexual education for preschool and early elementary school students.

My Body is Growing

Your body is amazing! It can move, grow and heal as well as help you think, read and talk. Look after your brilliant body, from eating well to exercising and keeping clean. Respect your body and make sure others respect it too. If you don't want a hug or a kiss from friends or family, it's okay to say no. Your body belongs to you! Take care of your body and it will take care of you.

It's My Body

Designed to be used by children in their first six months of school PM Starters One and Two

Science starter

What exactly can your body do? A beloved bestseller that helps children understand anatomy, from their eyes to their toes, is back! Now refreshed with new art from Ed Miller. What is under your skin? Why do you have bones? What do your muscles do? Where does the food that you eat go? *Me and My Amazing Body* can show you! From your head to your toes and everything in between, this playful introduction to anatomy explains all the important parts of your body. Easy to read and easy to understand, *Me and My Amazing Body* helps children appreciate everything their bodies can do.

Our Bodies

This engaging picture book for little children explains how the body works, covering everything from blood and bones to dreams and digestion. Simple, friendly illustrations take you through basic body parts and processes. Discover how your heart works, what happens as you grow up, which part of your brain controls coughing and sneezing, and more. Charming original artwork by Tony Neal featuring friendly, colourful characters. Simple, engaging text suitable for sharing with little children. Look out for fascinating facts including how many years of your life you will spend asleep, how many glasses the water in your body would fill and how fast your brain works compared to a racing car.

Me and My Amazing Body

A picture book edition of the board book about body liberation, offering adults the opportunity to begin important conversations with young children in an informed, safe, and supported way. Developed by experts in the fields of early childhood and activism against injustice, this topic-driven picture book offers clear, concrete language and beautiful imagery to introduce the concept of BODY LIBERATION. This book serves to celebrate the uniqueness of your body and all bodies, and addresses the unfair rules and ideas that currently exist about bodies. It ends with motivational action points for making the world more fair for all! While young children are avid observers and questioners of their world, adults often shut down or postpone conversations on complicated topics because it's hard to know where to begin. Research shows that talking about issues like race and gender from the age of two not only helps children understand what they see, but also increases self-awareness, self-esteem, and allows them to recognize and confront things that are unfair, like discrimination and prejudice. These books offer a supportive approach that considers both the child and the adult. Stunning art accompanies the simple and interactive text, and the backmatter offers additional resources and ideas for extending this discussion.

My First Body Book

From brains and blood to senses and skin - children will love exploring the ins-and-outs of the human body with this fantastic interactive book. Young readers' minds will boggle as they learn about how their brains work, what happens when they eat, how their lungs use oxygen and much more. Full of surprises to keep inquiring minds entertained, including flaps beneath flaps and a peek inside a lavatory cubicle.

Every Body: A First Conversation About Bodies

How do you create an active reader? Why is reading good for creativity? Why is it vital for teaching the next generation resilience and positive mental health? In the digital age of never-ending screen time you could argue that the power of books has diminished. But while screens have changed the act of reading, Alex Johnson believes reading is even more important, and that people value books more than ever. This is visible in the sales of printed special editions, the revival in reading aloud, the increased interest in poetry anthologies and the rescuing of 'lost words' from obscurity. But the problem is: with so many competing distractions, which are the best books for children to read and how can we access them? How do we get children to start reading? And how can we encourage them to be curious? How can we encourage their reading and maintain their interest? In this book of practical advice, Alex Johnson brings his tremendous enthusiasm and informed passion to answer these questions, and many more, to ensure a new generation of bookworms are whisked away to new worlds and essential discoveries. --

Look Inside Your Body

An encyclopedia designed especially to meet the needs of elementary, junior high, and senior high school students.

How to Give Your Child a Lifelong Love of Reading

Fully and fearlessly updated, this vital new edition of the acclaimed book on sex, sexuality, bodies, and puberty deserves a spot in every family's library. With more than 1.5 million copies in print, It's Perfectly Normal has been a trusted resource on sexuality for more than twenty-five years. Rigorously vetted by experts, this is the most ambitiously updated edition yet, featuring to-the-minute information and language accompanied by new and refreshed art. Updates include: * A shift to gender-neutral vocabulary throughout * An expansion on LGBTQIA topics, gender identity, sex, and sexuality—making this a sexual health book for all readers * Coverage of recent advances in methods of sexual safety and contraception with corresponding illustrations * A revised section on abortion, including developments in the shifting politics and legislation as well as an accurate, honest overview * A sensitive and detailed expansion on the topics of sexual abuse, the importance of consent, and destigmatizing HIV/AIDS * A modern understanding of social media and the internet that tackles rapidly changing technology to highlight its benefits and pitfalls and ways to stay safe online Inclusive and accessible, this newest edition of It's Perfectly Normal provides young people with the knowledge and vocabulary they need to understand their bodies, relationships, and identities in order to make responsible decisions and stay healthy.

The World Book Encyclopedia

This body positive picture book is a vibrant, joyful, and judgement-free celebration of every body shape and size. My body, your body, every different kind of body! All of them are good bodies! BODIES ARE COOL! This heart-warming, inclusive book, filled with detailed and friendly illustration is a celebration of every kind of body that exists in the world. Through an empowering, rhythmic text that is perfect for reading aloud, little ones can explore various skin tones, body shapes, hair types, and more, in an accessible way that instills body positivity and confidence. The picture book debut from talented author/illustrator Tyler Feder, whose

inclusive artwork - full of warmth and humour - has earned her a large social media following through her brand, Roaring Softly.

It's Perfectly Normal

Your baby will love sharing this book with you. The high contrast illustrations and touchy-feely patches are specially designed to appeal to the very young.

Bodies Are Cool

Questions and answers provide information about the behavior and possible fate of dinosaurs. Includes charts, diagrams, and an activities section.

Baby's Very First Touchy-Feely Book

Introduces beginning readers to important concepts about the human body.

Dinosaurs

This astonishingly inventive title allows young children to discover the inner workings of the human body in a gently humorous, yet wholly accurate way.

Inside Your Outside!

Presents, in question and answer format, information about the behavior, food-gathering, defenses, anatomy, and surprising habits of all kinds of insects.

See Inside Your Body

This book deserves a space in your baby's bookshelf – his first book on body parts. Presented in simple terms and easily identifiable photos, the pages of this educational book are truly created to match your precious child's little brain. Meet your Body Parts Book is truly an effective way in teaching your kid the basics. Get a copy of this book now!

Insect World

We are not born hating our bodies. Make sure your kids never do. No parent wants their child to grow up with anything less than wholehearted confidence in themselves. Sadly research shows that children as young as five are saying they need to 'go on a diet' and over half of 11 to 16-year-olds regularly worry about the way they look. Campaigner and mum-of-two-girls Molly Forbes is here to help. In Body Happy Kids, Molly draws on her own experience and a range of experts to provide parents with a much-needed antidote to the confusing health advice that bombards us every day. This reassuring and practical guide covers everything you need to help your child to care for their body with kindness, including how to approach good nutrition (without falling for diet culture), how to see the reality behind beauty ideals and how social media can be used to support body confidence rather than destroy it. With Molly's help, you can arm yourself with the insight and tools to raise resilient children who love the skin they're in.

Meet Your Body - Baby's First Book | Anatomy and Physiology

What's going on inside our bodies? How do we move, eat, think, and breathe? Children will love looking inside the human body to discover the answers with this incredible interactive book. With labeled acetate

diagrams of the muscular, skeletal, respiratory, circulatory, digestive, excretory, and nervous systems, this is a fantastic first look at human anatomy. From pumping blood to breathing air, here's an exciting way to explore all the amazing things our body can do. Look inside the human body in this board book with see-through acetate pages.

Body Happy Kids

Take a trip around the world in this fascinating lift-the-flap book. With over 80 flaps to lift, intrepid explorers can discover our world, from the layers that make up planet Earth to the tiniest insects in the rainforest and the creatures who live at the very bottom of the sea. Includes pages about the hottest and coldest parts of the world, and a map with lift-the-flap details about each continent. A colorful and fun introduction to geography with internet links to find out more.

Asian Business

Answers such questions as Why are there seven days in a week? and Where did chewing gum come from?

The Body Book

This wonderful book taps into a child's imagination and natural desire for exploration. With fun, innovative tools for children to explore the various parts of human anatomy and the way our biological systems work, learning will seem like an adventure! This book helps to build knowledge and skills to help your child for years to come. Order your copy today!

Look Inside Our World

A celebration of the amazing human machine and a life on the move! Your amazing body can jump, sprint, twist, and twirl. Your body is built to move. Lizzy Rockwell explains how your bones and muscles, heart and lungs, nerves and brain all work together to keep you on the go. Kids walk and skate and tumble through these pages with such exuberance that even sprouting couch potatoes will want to get up and bounce around—and that's the ultimate goal. Studies show that American kids are becoming more sedentary and more overweight and that they carry these tendencies with them into adolescence and adulthood. Experts agree that we need to help kids make physical activity a life-long habit. Through education, information, and encouragement, this book aims to inspire a new generation of busy bodies!

Amazing Facts

'I will be recommending this book to every parent' Dr Laura Markham 'I adore this book!' Dr Tina Payne Bryson Over her decades as a clinical psychologist, Dr Mona Delahooke has helped countless distraught parents who struggle to manage their children's challenging behaviours. These families are understandably focused on correcting or improving a child's lack of compliance, emotional outbursts, tantrums and other 'out of control' behaviour. But behaviour, no matter how challenging, is not the problem but a symptom; a clue about what is happening in a child's unique physiological makeup. In Brain-Body Parenting, Dr Delahooke offers a radical new approach to parenting based on an approach that considers the essential role of the entire nervous system, which produces children's feelings and behaviours. When we begin to understand the biology beneath the behaviour, suggests Dr Delahooke, we give our children the resources they need to grow and thrive, and we give ourselves the gift of a happier, more connected relationship with them. Brain-Body Parenting empowers parents with tools to help their children develop self-regulation skills, while also encouraging parental self-care. The result is a deeper understanding of your child, encouraging calmer behaviour, more harmonious family dynamics, and increased resilience.

Anatomy And Physiology: Learning All About You For Kids

Children will be inspired to tell their own stories with this wordless book, filled with engaging, colorful images that show the wonderful ways our bodies can move and play. This book allows for a wonderful shared reading experience for children who do not yet know how to read or who are just beginning to learn. The images tell a story of their own.

The Busy Body Book

There are all kinds of bodies in the world. What are YOU like? Celebrate our brilliant bodies in this fantastic book jam-packed with interesting facts. Bodies come in all shapes and sizes as we change from babies to children to teenagers to adults, our bodies change too! Find out about growing and learning, keeping fit, breaks and bruises, the five senses, using our minds, how we are the same and how we are different – and lots more in the fourth book in the internationally best-selling Great Big Book series.

Brain-Body Parenting

"Everyone Feels Sad Sometimes" is a self-help guide that provides children with ways to soothe feelings of sadness and become more emotionally aware.

My Body Lap Book

This stimulating and comprehensive encyclopedia for children ages 8-12 provides answers to all the questions kids love to ask. Each chapter is jam-packed with maps, charts, timelines, diagrams, beautiful images, and amazing facts. Did you know, for example, that a single drop of blood contains around five million blood cells? Or that there are areas of desert in all seven of Earth's continents? Kids can build their knowledge on a wide range of topics-including Earth and beyond, plants and animals, history and politics, science, technology, and the human body-arranged thematically with more than 9,000 indexed entries and 2,500 colorful images. Cross-reference icons encourage children to explore and discover linked information, feeding their curiosity and building their general knowledge. The New Children's Encyclopedia, which has sold almost 500,000 copies worldwide since 2009, has now been fully updated in line with the latest knowledge and research. Developed, written, and checked by experts, this is the must-have reference book for every child's library.

The Great Big Body Book

Explore the interconnectedness of the human body as we present the information in a child-friendly manner in this educational resource. The combination of pictures, layout and texts make this book a must-have in school and at home. Feel free to add this book as an additional resource for class or home discussions. Grab a copy today!

Everyone Feels Sad Sometimes

LEARNING ABOUT MY BODY.

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